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## A Visual Guide for Clinicians Navigating Crisis Situations with Clients

### Steps for Crisis Intervention

#### Assess the Situation:

Determine the severity and immediate needs.

#### Ensure Safety:

Protect the client and others from harm.

#### De-escalation Techniques:

Use calming language and maintain a non-threatening stance.

#### Provide Immediate Support

Offer emotional support and reassurance.

#### Referral to Emergency Services

Contact emergency services if necessary.

Use this step-by-step tool to quickly assess, stabilize, and support individuals in crisis—while ensuring safety, de-escalation, and appropriate referrals.